



ENGLISH
INGLESE

CORONAVIRUS IN ITALY: WHAT TO DO?



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un programma di empowerment e capacity building realizzato da



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CORONAVIRUS IN ITALY

IN ORDER TO DEFEAT
THE VIRUS, ITALY
IS CHANGING ITS LAWS
VERY OFTEN: CHECK
OFTEN THE PAGE



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ATTENTION!

THERE ARE DIFFERENT RULES
IN THE DIFFERENT ITALIAN
REGIONS! CHECK WELL IN THE
PAGES BELOW!



THE NEW CORONAVIRUS
IS A VIRUS THAT CAUSES
COVID-19 DISEASE.

THIS DISEASE CAUSES
MAJOR HEALTH
PROBLEMS. SOMETIMES
IT ALSO LEADS TO DEATH.



IF YOU HAVE A FEVER, COUGH,
OR HAVE TROUBLE BREATHING
DON'T LEAVE THE HOUSE,
CALL YOUR DOCTOR AND DO
WHAT HE/SHE SAYS.



EVEN IF YOU FEEL GOOD YOU
SHOULD LEAVE THE HOUSE
ONLY TO GO TO SCHOOL,
WORK OR TO GO SHOPPING.





SOME INFECTED PEOPLE
ARE NOT AWARE THAT
THEY GOT THE VIRUS
BECAUSE THEY MAY NOT
HAVE HEALTH PROBLEMS.

THESE INFECTED PEOPLE
SPREAD THE VIRUS
TO OTHERS WHEN THEY
COUGH, TALK, OR BREATHE.



WHEN AN INFECTED PERSON
TOUCHES AN OBJECT,
THE CORONAVIRUS STICKS
TO THE OBJECT.





IN ORDER TO AVOID BEING
INFECTED AND SPREAD
THE CORONAVIRUS,
THERE ARE SOME SIMPLE
RULES TO FOLLOW.

WASH YOUR HANDS VERY
OFTEN DURING THE DAY. DON'T
TOUCH YOUR FACE BEFORE
WASHING YOUR HANDS.



STAY MORE THAT ONE METER
AWAY FROM OTHER PEOPLE
AND WEAR YOUR MASK.

THE MASK MUST
WELL-COVER YOUR MOUTH
AND YOUR NOSE.



RED REGIONS

THE RED REGIONS HAVE
A VERY HIGH RISK.

CHECK THE COLOR OF YOUR REGION
IN THE PAGE

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YOU CAN LEAVE THE HOUSE ONLY TO GO TO SCHOOL OR WORK, TO DO THE SHOPPING, FOR HEALTH PROBLEMS AND EMERGENCIES. YOU MUST ALWAYS WEAR THE MASK.

YOU CAN GO OUT FOR A WALK ONLY BETWEEN 5 A.M. AND 10 P.M. AND ONLY NEAR TO YOUR HOUSE, BUT YOU MUST ALWAYS WEAR THE MASK.



THE ONLY PEOPLE THAT ARE ALLOWED TO REMOVE THE MASK ARE CHILDREN THAT ARE MINOR OF 6 YEARS AND PEOPLE WITH A MEDICAL PERMIT.

YOU MUST ALWAYS BE AT LEAST ONE METER APART FROM NON-COHABITATING PEOPLE.



SOME SCHOOLS ARE OPEN,
OTHER SCHOOLS ARE
CLOSED, BUT THEY ARE
STILL TEACHING ONLINE:
ASK FOR MORE INFORMATION
AT YOUR SCHOOL.



YOU CAN PRACTISE SPORT
ALONE ON THE STREET, BUT
YOU MUST BE NEAR TO YOUR
HOUSE, YOU MUST ALWAYS
WEAR THE MASK AND BE AT
LEAST 2 METERS APART
FROM OTHER PEOPLE.



ALL THE SHOPS ARE
CLOSED. ONLY GROCERIES
STORES, PHARMACIES, AND
NEWS-STANDS ARE OPEN.



ORANGE REGIONS

THE ORANGE REGIONS HAVE
A HIGH RISK.

CHECK THE COLOR OF YOUR REGION
IN THE PAGE

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FROM 10 P.M. TO 5 A.M., YOU
CAN LEAVE THE HOUSE
ONLY TO GO TO WORK, FOR
HEALTH PROBLEMS OR
EMERGENCIES. YOU MUST
ALWAYS WEAR THE MASK.

FROM 5 A.M. TO 10 P.M. YOU
CAN LEAVE THE DISTRICT
WHERE YOU LIVE ONLY TO
GO TO SCHOOL OR WORK,
FOR HEALTH PROBLEMS
OR EMERGENCIES.



THE ONLY PEOPLE THAT
ARE ALLOWED TO REMOVE
THE MASK ARE CHILDREN
THAT ARE MINOR
OF 6 YEARS AND PEOPLE
WITH A MEDICAL PERMIT.

YOU MUST ALWAYS
BE AT LEAST
ONE METER APART FROM
NON-COHABITATING PEOPLE.



SOME SCHOOLS ARE OPEN,
OTHER SCHOOLS ARE
CLOSED, BUT THEY ARE
STILL TEACHING ONLINE:
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YOU CAN PRACTICE SPORT
ALONE IN THE STREETS OR
IN THE PARKS, BUT YOU MUST
BE AT LEAST TWO METERS
APART FROM OTHER PEOPLE.



GYMS, SWIMMING POOLS,
DANCE CLUBS, AND CINEMAS
ARE CLOSED. BARS AND
RESTAURANTS ARE CLOSED
BUT CAN MAKE DELIVERIES.



YELLOW REGIONS

THE YELLOW REGIONS HAVE
A MEDIUM RISK.

CHECK THE COLOR OF YOUR REGION
IN THE PAGE

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FROM 10 P.M. TO 5 A.M., YOU CAN LEAVE THE HOUSE ONLY TO GO TO WORK, FOR HEALTH PROBLEMS OR EMERGENCIES. YOU MUST ALWAYS WEAR THE MASK.

FROM 5 A.M. TO 10 P.M., YOU CAN LEAVE THE HOUSE, BUT YOU MUST ALWAYS WEAR THE MASK.



THE ONLY PEOPLE THAT ARE ALLOWED TO REMOVE THE MASK ARE CHILDREN THAT ARE MINOR OF 6 YEARS AND PEOPLE WITH A MEDICAL PERMIT.

YOU MUST ALWAYS BE AT LEAST ONE METER APART FROM NON-COHABITATING PEOPLE.



SOME SCHOOLS ARE OPEN,
OTHER SCHOOLS ARE
CLOSED, BUT THEY ARE
STILL TEACHING ONLINE:
ASK FOR MORE INFORMATION
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YOU CAN PRACTICE SPORT
ALONE IN THE STREETS OR
IN THE PARKS, BUT YOU MUST
BE AT LEAST TWO METERS
APART FROM OTHER PEOPLE.



BARS AND RESTAURANTS
MUST BE CLOSED BY 6 P.M..
GYMS, SWIMMING POOLS,
DANCE CLUBS AND
CINEMAS ARE CLOSED.

